

Raspberry, Apple & Mint Iced Tea

Makes 5 portions

3 or 4 teabags depending on strength

60g caster sugar

200ml apple juice

60ml raspberry syrup (available in the international aisle in Sainsburys)

Small bunch of mint

Fresh raspberries

Ice

1. Bring 1 litre water to the boil and pour over the teabags in a large jug. Stir in the caster sugar to dissolve. Leave for at least 5 minutes to steep.
2. Take out the teabags and leave the tea to cool down.
3. Add the apple juice and raspberry syrup.
4. To serve: Place one mint leaf at the bottom of the glass with ice cubes on top. Pour in the tea. Add a sprig of mint leaves and fresh raspberries to garnish.

